

dear sir/madam,

i have suffered from social anxiety since a child . i have never seemed to understand how to relate to other people in social situations , i do not understand how people are so happy in each other's company with chat about tv shows and love affairs it seems meaningless to me .

my social anxiety became physical during my school years where i developed ibs . this got to the point where walking home on lunch break i would double over in pain and pass out. i took to smoking cigarettes to try to relieve some of the anxiety.

it was was a very extreme situation for me where suffering from social anxiety was coupled with being forced into a situation with many many people on a daily basis and the stress never got any better over my entire period of schooling.

the only way that i can describe the horror that i feel now days by being forced to engage in social situations is like for you to be tied naked to bed while thousands of spiders pour from the ceiling on to you.

the anxiety attacks are like being overdosed on cocaine or being propelled at breakneck speed, blinded, and the symptoms are actually like being poisoned with sweating tremors complete lack of awareness of reality dizziness and lack of coordination. this same event also triggering irritable bowel syndrome that can feel like having a sword stabbed into the stomach and twisted for hours, coupled with uncontrollable diarrhoea.

after being physically disabled after a horrific road accident it is a huge struggle to even make it to the toilet in reasonable time.

the available medications to treat these symptoms of anxiety have at best mediocre performance, and generally the many medications i have been prescribed over the years cause a terrifying fugue state or virtual mental paralysis. those medication such as chlorpromazine in particular rob ones ability to mentally articulate in any practical sense.

when one is affected by social anxiety coupled with severe physical disablement, the intellect is the only part of the person left functioning and remove that is to remove the person.

for the last 5 years or so i have also been afflicted with severe psoriasis making my confidence around people even lower as i have disgusting cracked and bleeding sores on my face and most of my body. this is known to be a product of stress situations and becomes much more severe and painful during times of heightened anxiety.

i currently only feel possible to interact with 2 people in my life who make it possible for me to stay alive.

i understand i am very very hard work to be around at the best of times. the frustration i feel at my situation often results in outbursts and cruel remarks of a personal nature that should not be tolerated by anybody and while i have in my heart no wish to negatively affect those around me

sometimes the mental pain becomes too much, afterwards leaving me feeling disgusted that i could treat people who care for me in such a manner.

christmas for most people is expected to be a happy time full of warmth and good times with those who are close but for me it has been one of the most terrible times of year at best and this christmas has turned out to be the worst yet. again i have been placed in an intolerable situation. while every time i have had been forced to endure face to face interviews and health assessments for IS, DLA and now PIP and ESA, they have at very least managed to meet me halfway and do a home visit .

after 15 years of severe physical disability and extreme pain and difficulty to even move around the house coupled with a lifetime of mental illness that is fully documented, maximus have now told me that i must obtain a written letter from my doctor at my own cost before they will even consider a home visit.

my doctor's surgery has confirmed that this is never the case and such letters are never issued to patients, but must be requested directly from maximus or other health assessment companies and that all these companies are fully aware of the situation and that it is completely unreasonable to expect someone who is disabled in so many ways, and extremely vulnerable to jump through such hoops and in the end pay their benefit money they survive upon to obtain unobtainable letters.

i have suffered massive degradation in my mental health condition due to this stupid affair day after day day having spent hours on the telephone trying as best i can in between anxiety attacks to sort out and explain to the various parties my situation to no avail.

most of these calls being in excess of 30 to 40 minutes before even getting to speak to a human being who are then often obtuse and unhelpful.

i have tried and tried as hard as i possibly can until i am spending christmas in tears with the worry of what will happen in January like an axe hanging over my head ready to bring destitution. some christmas present!

i think it is also easy to understand how upsetting this is to those around me and those who have to deal with me and my problems on a daily basis.

fortunately one of my helpers manage to install recording software on my telephone to help me because i obviously find it hard in the state that i get into to recall conversations and required actions, therefore there is plenty of proof of what i say and if transcripts are needed they can be made available.

i ask of all those to whom i have forwarded this letter to assist me from this situation before the pains of being alive start to outweigh the fear of death.

i still have some small hope that there can be justice for myself and the hundreds of thousands of people placed in the same unfair situation.

maximus is a foreign company whos sole business is to create profit from the most vulnerable members of society and have conducted themselves far worse than even ATOS.

if they intend to operate on behalf of the british government, the elected representatives of the people of this country, the government that i voted for, they must be called to account for their actions, for justice, and to justify the £1.6 billion that British citizens will have paid to these external health assessors during the period of their contract.

I apologise for some of the grammar and spelling however I have had to use speech to text to write this letter.

I thank you for your time and consideration.

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