

How to make a woman orgasm... and scream for more... every time!

**In a Four Part Series
by Jeanette Harper**

Part One

Introduction

Sex is a wonderful thing - I haven't met a person yet who would dispute this. Everybody loves sex, whether they like talking about it openly or not. One of the reasons you're reading this is because you enjoy sex and you would like to enjoy it more and have your partner enjoy it more. For all you males reading this, wouldn't you like to be known around town as the greatest fuck of all time? Or husbands and men in steady relationship - wouldn't you like your woman to be amazed at your new found sexual knowledge and have her beg you for more sex? Sex can be the greatest pleasure a person can ever experience - or a major disappointment.

Surveys have shown that 75% of women fake orgasm every time, 15% faked it most of the time and about 9.5% said they occasionally faked it. Which leaves about 0.5% who said they never faked it. I know most of you men out there will find this hard to believe, but it's true. I'm a woman, I know.

Women, by faking orgasms, are missing out on one of the most pleasurable experiences imaginable - but so are their partners. You will realize the difference once you have read this Play gal exclusive article. Both the male and females sexual pleasure increases to unbelievable new heights once you know how to bring a woman to an orgasm every time. Your woman will want you as never before - she will never want or need another man. And girls, if you want to have better sex, then teach your man what I am about to tell you.

Most men I have met were anxious to learn how to satisfy women during sex. Each man I interviewed I asked 'What do you think makes a woman orgasm most during intercourse?' Most responses were along the lines of:

'Just putting my penis inside her gets her excited' - It may get your partner excited but it is not enough - no where near enough.

'She just loves me ramming her hard' - This is so far from the truth it is ridiculous!

'Fucking her fast' - Wrong!

It is generally easy for men to become sexually aroused because his sexual organs are on the outside of the body and are easily stimulated. Men that are unfit mentally or physically can sometimes take longer to arouse, as do men that are bored with their partners. Do you know the main reason men get bored with their partners sexually? Could it be that the woman herself is bored because she is not getting sexual pleasure and therefore doesn't seem interested in sex as much. Sex would get boring if the pleasure is all one sided, don't you think guys? Imagine having sex every few days and never reaching an orgasm. Doesn't sound like much fun does it?

Some men can get a woman worked into a sexual frenzy during foreplay, but then when it comes to intercourse... the momentum doesn't continue and in most cases, both the man and woman don't know what is wrong. Then the woman finally pretends to have an orgasm because she wants the whole event to be over to end the boredom and/or pain.

If a man doesn't know how to handle intercourse properly the woman will become bored and unsatisfied in the relationship, and look for other options. Most women will tell their men everything is great - just to keep them feeling like a man. The men usually are unsuspecting that there is a problem.

But guys, it's not your fault - you're a man; how could you possibly know what it feels like? Only a woman really knows how to satisfy a woman. Only a woman knows the physical sensations of a woman's body. Most women don't like talking about it with their partners because it may make them feel less manly.

Most literature is written about rough, ramming and hard sex, so why would anyone think sex should be different - most women think this is the way to have sex too. But I'm going to help you and your partner enjoy sex to its maximum over the next few editions of Playgal.

Tease your Partner First

Women like affection. They like to have their bodies gently caressed. Imagine yourself lying totally naked and 100% relaxed with hands slowly and gently touching your body. Try running your fingertips gently, so gentle you are barely touching your body along the inside of your own arm down to your hand. It tickles a bit but it feels nice, even if it feels like you need to scratch it a little.

When making love with your partner you need to give their body a desire. Gently run your fingertips all over her body barely touching the skin. Do this for 3-4 minutes without touching the breasts or clitoris then slowly work your way up to her breasts but DON'T touch her nipples. Circle her breasts with the palms of your hands and fingertips. You can occasionally kiss gently around her breasts but DON'T touch her nipples yet - touch below and above them but not on them.

This will start to drive her crazy - you have created a desire for you to touch her nipples.

You are not giving her something she wants. After a few minutes of teasing her very very softly touch her nipples. Then continue to circle the nipples gently with your fingers then gently lick once or twice next to each nipple but not on it.

You are in total control - she is being driven insane by now. You have created an excitement and desire within her sexual being. Now when you feel she is ready - she will let you know it is time to move on to the next step .. The beginning of Intercourse, in PART 2, next month.

Note to Part 1:

It is important not to weaken and begin to grope and paw at her breasts and body and do not touch her clitoris in this teasing phase - it will only turn her off. The purpose is to create a want. Don't weaken - stay in control, this is only the warm-up for great love making.

Part Two

Ready for Action!

Now, you're both ready to go .. you're hard and ready, and she's giving you that look that says she wants it. You just want to plunge straight in - and she's cheering you on.

DON'T DO IT!

You haven't gone to all this effort to blow it all now, pardon the pun. Now - you've got to really start torturing her..

Touch your penis to the lips of her clitoris .. gently. Softly rub your penis over her clit, letting her know it's there, ready to enter .. if you want it to. You are now completely in charge, and in total control of the situation. You're going to tease her until she screams for you to put it in!

Now, she's asking you to put it in .. but you don't. Keep teasing. She asks more urgently .. you still don't. You are in control, and she's loving it - not knowing when you're going to enter! Keep teasing, gently rubbing, even if she does scream for you to put it in.

Only when she begins building towards orgasm to you move it further in .. just half an inch or so, very slowly, in and out. After a little while (staying in control!) move it slowly in a full inch .. gradually, keep increasing the amount you put it in, until it's almost the whole length.

Remember, if you enter the entire length - ram it in - you will make contact with her clit, and this we don't want; the object is to tease her, make her want you to thrust all the way. The longer you tease her, and yourself, the more intense your orgasms will be.

The Point of Surrender

Now, she's quivering with desire. Speed up a little - not to ramming speed though - and it'll push her over the edge. She may scream, she may call at your name (hopefully!) or she may just whimper softly - but you'll know you've given her an orgasm. But keep going!

Keep moving in and out, faster now; she'll orgasm again - more quickly now, with no need for teasing. You can speed up even more if you wish (and can) - but don't resort to 'ramming' her hard.

She may have several more orgasms .. or only one more. Two to five is the norm, and this may be the first one she's had in a long time! If you've been able to keep going past the first one, that's great .. but even if you cum now, it will be one of the deepest and most incredible orgasms you yourself have ever had.

Refine your technique; try to make yourself hold off longer and longer. It will enrich the sexual experience for both you and your partner.

Note to Part 2:

If you're both adventurous - and really willing to torture each other, wait until the point of orgasm and stop - dead. Withdraw, and lie down beside her.. then resume again later that or the next day. The anticipation will peak, until the next time you'll both be ready with hardly any teasing!